

Lubavitch Day Camp's

# Parent Handbook

# AM YISROEL CHAI

PROUDER, STRONGER,  
FULL OF POWER!



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**BIKUR BAYIS**

# Message from Our Director

Dear Parents,

Welcome to the Lubavitch Day Camp Family!

We are counting down the days to another wonderful summer! Preparations are almost complete and we are sure your children will enjoy all the activities we have planned.

Safety is our number one priority in camp, and we are working tirelessly to ensure that your children will be safe and happy at all times.

Here in LDC, we pride ourselves in combining fun and excitement along with friendship and a meaningful Jewish summer experience. Our unique summer themes reflect our adventurous spirit along with our Jewish identity. This year's theme is Am Yisrael Chai. Throughout the summer we will be going on a journey through our history, where every challenge has been met with Am Yisrael's unwavering belief, strength, and pride. This has shaped us into who we are today- strong, proud, and resilient.

It is our objective to establish a close rapport between the parents and the Lubavitch Day Camp staff. If at any time you feel the need to discuss any matter with the staff, please call our office at 905-731-7000 or send us an email to [info@camplubavitch.ca](mailto:info@camplubavitch.ca)

The information contained in this booklet is a basic synopsis of what you need to know for this year's camp program. Please take the time to review it properly and familiarize yourself with the necessary information.

Looking forward to another fun-filled and fantastic summer!

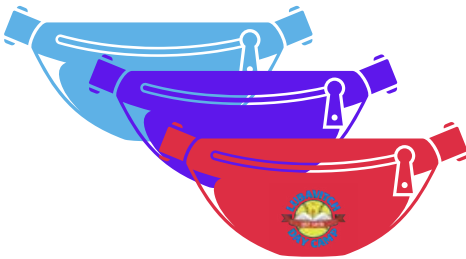
Sincerely,  
Mrs. Ester Steinmetz

# LDC & Proud Swag

**Backpack!**



**Am Yisrael Chai  
Necklace!**



**Fanny Pack!**



**PopIt!**



**Water Bottle  
with Strap!**

# Summer Theme

## AM YISRAEL CHAI!

### PROUDER, STRONGER, FULL OF POWER!

#### JULY

**Week 1:** The Avos, our forefathers  
This is where it all began!

**Week 2:** Yetzias Mitzrayim  
The Exodus of Egypt  
We became the Chosen Nation!

**Week 3:** Matan Torah  
We received the best gift of all!

**Week 4:** King Dovid and King  
Shlomo  
The Jewish kings

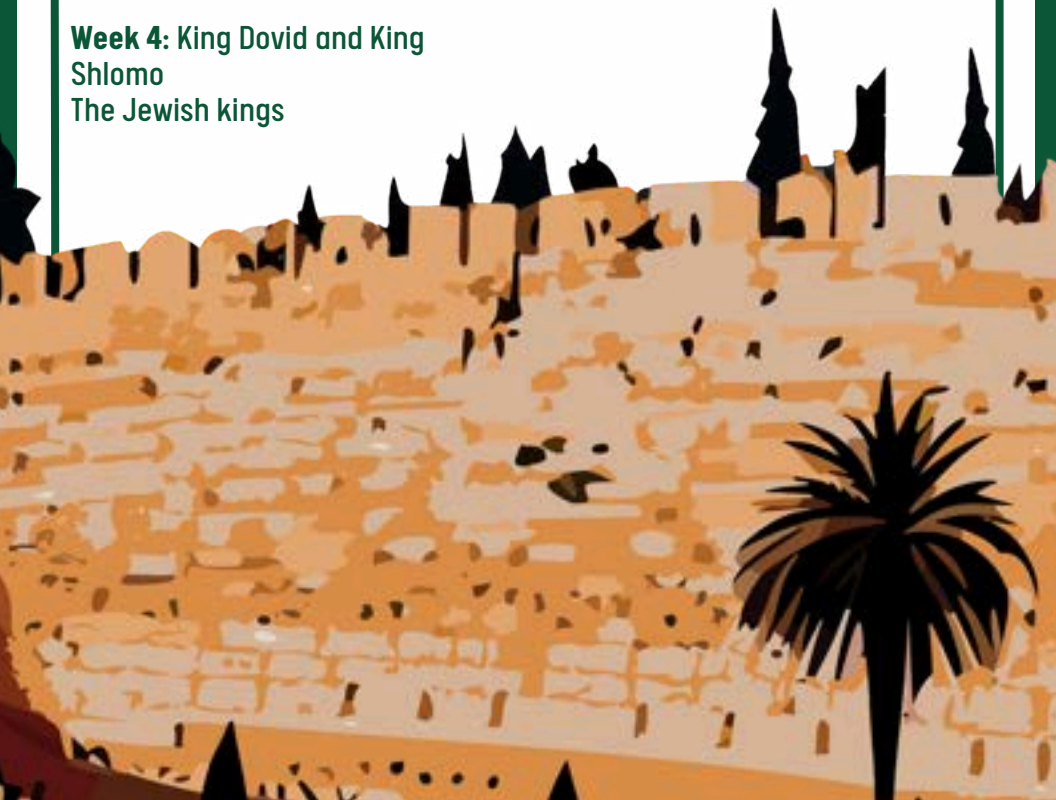
#### AUGUST

**Week 5:** The Beit Hamikdash  
A home for Hashem

**Week 6:** Morrocan Jewish life

**Week 7:** The European Shuttle Life

**Week 8:** Early Jewish life In  
America



# Important Info



## Camp Dates

**First Session: July 2 - July 26**

**Second Session: July 29 - August 22**

Civic Holiday: Monday, Aug 5 - No Camp

Tisha B'av: Tuesday, Aug 13 - No Camp



## Office Hours While Camp Is In Session

8:00 am - 5:30 pm



## Main Office Line

905 731 7000



## Emails

Office Email: [info@camplubavitch.ca](mailto:info@camplubavitch.ca)

Director's Email: [director@camplubavitch.ca](mailto:director@camplubavitch.ca)



## Website

[camplubavitch.ca](http://camplubavitch.ca)



## Daily Photos

[instagram.com/lubavitchdaycamp](https://www.instagram.com/lubavitchdaycamp)

# Important Details



Orientation will be on Tuesday, June 25 from 4:30 pm - 7:30 pm. You will receive a suggested time slot.



You will receive an introductory phone call from your child's counselor prior to camp.

NAME

Please label all clothing, bags, and belongings.



No food may be brought to camp due to severe allergies and kosher standards.



Camp T-shirts must be worn on all trip days.



Children should come to camp with a cap, water bottle, and sunscreen already applied. Sunscreen will be reapplied before swimming.



Swimming supplies should be sent to camp every day besides for the day of a full day trip.

**Preschool** campers bring all their swimming supplies on Monday and leave it in camp until Friday.



# Safety

## **Safety and Security are our Number One Priority!**

Lubavitch Day Camp is working together with a security firm to ensure everyone's safety at all times.

We will be having security guards at our location during camp hours and police presence when necessary.

Additionally we will be sending a security guard on trips.

LDC administrative staff attend yearly meetings to update our safety procedures.

Mandatory seminars for counsellors prior to camp include safety procedures, leadership training, basic first aid, caring for special needs children, and allergy protocols. Refreshers are given throughout the summer, to continually improve the abilities and techniques of our staff.

If your child has any allergies or special considerations, please make sure to complete the pertinent form in their online profile.



# Transportation

**We are happy to be able to provide you with door to door transportation services!**

There are many variables that can affect the consistency of our routes and it goes without saying that the first few days of each session may be delayed. You will be able to track your child's bus through an app on your phone to see when the bus will be arriving at your home.

You will be notified by email of the estimated pickup and drop-off time approximately 2-3 days before camp.

In order to save time, please have your child dressed and waiting by the door a few minutes before the pickup time. If your child is not planning on attending camp one day, please notify the office 24 hours in advance. (The bus may still pass by your house due to routing consistency.)

If it is a last minute decision to remain home, in addition to emailing the office please leave a white towel or sheet in front of your door so the driver knows not to wait.

When the bus pulls up at your door to drop your child off, please be waiting for them and give a thumbs up the bus driver that you have your child.

If you would like to pick up your child from camp, and they regularly go on the bus we must be notified by noon of that day





# Dismissal



Parents who are picking up their children from camp must make sure to sign them out.

If you are driving you will enter the main parking lot and join the carpool pickup line. Please stay in your car and do NOT park.

Your child(ren) will be brought to your car.

If you are on foot please wait in the carpool line by the main entrance. Your child(ren) will be brought to you.

Children will not be allowed to leave camp with a relative or friend, not listed on the camper's profile, without written consent from a parent or guardian.

If your child will be walking home from camp, please complete the online walk home form found in the campers profile.

Please notify us of any change in your child's pick-up routine, by noon of that day.





# Swimming

The Head Lifeguard this summer is once again  
**LEEATTE FRISCH-ISRAEL!**

Leeatte has been a head lifeguard for many years. She is responsible for hiring our Red Cross certified swimming instructors and constantly ensures that the swimming program is safe and enjoyable.

All campers swim four times a week, with each session consisting of swim instruction and free swim.

Our outdoor large swimming pool is located on premises and includes a shallow, middle, and deep end.

The deepest point stands at 5 feet.

Children must pass a deep end test and receive a deep swimmer wristband before being allowed to swim in the deep end.

Swim trainers must be worn in the pool by all campers ages 5 and under. Preschool children will also have an option to swim in wading pools.

There are life jackets available in all sizes for any child not comfortable in the water.



# Specialties



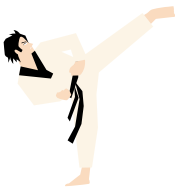
## Tennis

Ten Ten Tennis will once again be joining the Boys Division. Kids will learn techniques and have fun in this popular sport.



## Drumming

We are pleased to have Daniella Schon run the drumming program for all of our divisions! Learn different rhythms, and beats while playing drumming games!



## Martial Arts

Our Martial Arts program will once again be run by Master Wong from Pulse Academy. From our Preschool Division to our CIT Program, every camper will learn self-defense and gain confidence in their newfound skills.



## Dance

The Girls and BCM Divisions will be learning incredible dance moves this summer with Keri!



## Extreme Sports

This year we will be having Kangoo Shoes for our Boys, Girls, and BCM Divisions! Put on the boots and see how high you can jump with them!

# Specialties



## Silent Disco

The campers of all divisions will have fun dancing around with their bunkmates!



## Sports

The Boys and Preschool Divisions will be learning and playing different sports throughout the summer with Coaches Josh and Jay!



## Beading

The Girls Division will be learning the intricate skills of beading and jewelry making this summer!



## Ice Skating

Get ready to lace up your skates and glide across the ice! The Boys Division will enjoy the thrill of ice skating!










































## Air Brush Studio

Unleash your creativity in the Air Brush Studio and watch the experts create magnificent pieces of art as they teach you the skills!

# Menu








































## Preschool, Girls, CIT Girls, & BCM

Week	Mon	Tues	Wed	Thurs	Friday
1 July 4	No Camp 	Garlic Chicken Penne 	Grilled Cheese 	Meatballs & Spaghetti 	Pizza 
2 July 10	Hot Dogs Fries 	Mac & Cheese 	Sandwiches 	Sloppy Joes Bourekas 	Pizza 
3 July 17	Hot Dogs Fries 	Garlic Chicken Penne 	Sandwiches 	Baked Ziti 	Pizza 
4 July 24	Hot Dogs Fries 	Mac & Cheese 	Sandwiches 	Meatballs & Spaghetti 	Pizza 
5 July 31	Mac & Cheese 	Garlic Chicken Penne 	Sandwiches 	Sloppy Joes Bourekas 	Pizza 
6 Aug 8	No Camp 	Mac & Cheese 	Sandwiches 	Falafel 	Pizza 
7 Aug 14	Fish & Chips 	No Camp 	Sandwiches 	Hot Dogs Fries 	Pizza 
8 Aug 21	Baked Ziti 	Grilled Cheese 	Sandwiches 	BBQ 	See You Next Summer!

All lunches are served with fresh bread and a choice of two spreads.  
Fresh fruit and a variety of snacks are always available at the snack stations.

# Menu

## Boys

Week	Mon	Tues	Wed	Thurs	Friday
1 July 4	No Camp 	Garlic Chicken Penne 	Meatballs & Spaghetti 	Grilled Cheese 	Pizza 
2 July 10	Hot Dogs Fries 	Mac & Cheese 	Sloppy Joes Bourekas 	Sandwiches 	Pizza 
3 July 17	Hot Dogs Fries 	Garlic Chicken Penne 	Baked Ziti 	Sandwiches 	Pizza 
4 July 24	Hot Dogs Fries 	Mac & Cheese 	Meatballs & Spaghetti 	Sandwiches 	Pizza 
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8 Aug 21	Baked Ziti 	Sandwiches 	Grilled Cheese 	BBQ 	See You Next Summer!

All lunches are served with fresh bread and a choice of two spreads.  
Fresh fruit and a variety of snacks are always available at the snack stations.

# Trips

Here is a sneak peak to some of the trips we will be going on this summer!

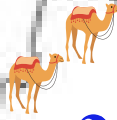
Not all divisions will be going on all the trips.

A full calendar will be given out prior to the start of camp

TREE TOP TREKKING



AIR RIDERZ



WET 'N' WILD

WOODBINE CENTER

PLAYCIOUS



JUMP CITY

BROOK'S FARM

CHUCK E CHEESE



CANADA'S WONDERLAND



BUNCH OF FUN PLAYLAND



# Preschool Division

3 - 5 year olds



THE T-SHIRT COLOUR FOR THIS DIVISION IS **PURPLE**

## Full Day Trip Wednesday

Campers must wear a camp T-shirt on all trip days.

## Supply List

To be brought to camp every day

-  Sunscreen
-  Water bottle
-  Cap

To be brought to camp on Monday  
and left there for the week

-  Bathing Suit
-  Towel
-  Water Shoes

All campers should bring a change of clothes in a labeled shoe box  
on the first day of camp.

# Boys Division

6-12 year olds



THE T-SHIRT COLOUR FOR THIS DIVISION IS **BLUE**

## Trip Days

**Half Day Trip: Tuesday**

**Full Day Trip: Thursday**

Campers must wear a camp T-shirt on all trip days.

## Supply List

To be brought to camp every day

-  Sunscreen
-  Water bottle
-  Cap

To be brought to camp every day  
besides Thursday

-  Bathing Suit
-  Towel
-  Water Shoes

# Girls Division

6-12 year olds



THE T-SHIRT COLOUR FOR THIS DIVISION IS **RED**

## Trip Days

**Half Day Trip: Monday**

**Full Day Trip: Wednesday**

Campers must wear a camp T-shirt on all trip days.

## Supply List

**To be brought to camp every day**

-  Sunscreen
-  Water bottle
-  Cap

**To be brought to camp every day  
besides Wednesday**

-  Bathing Suit
-  Towel
-  Water Shoes

# CIT Girls Program

## 13-14 year olds



THE T-SHIRT COLOUR FOR THIS DIVISION IS **PINK**

### Trip Days

**Half Day Trip: Monday**

**Full Day Trip: Wednesday**

Campers must wear a camp T-shirt on all trip days.

### Supply List

**To be brought to camp every day**



Sunscreen

Water bottle

Cap

**To be brought to camp every day  
besides Wednesday**



Bathing Suit

Towel

Water Shoes

Our CITs will learn hands-on how to be responsible, attentive, and fantastic counselors!

This program includes special activities, late nights, exciting field trips, first aid training and so much more!

# BCM Division

6-12 year olds



THE T-SHIRT COLOUR FOR THIS DIVISION IS **RED & WHITE**

## Trip Days

**Half Day Trip: Monday**

**Full Day Trip: Wednesday**

Campers must wear a camp T-shirt on all trip days.

## Supply List

**To be brought to camp every day**



Sunscreen



Water bottle



Cap

**To be brought to camp every day  
besides Wednesday**



Bathing Suit



Towel



Water Shoes



# BIKUR BAYIS

## WE'RE GOING CRUISING!

It's time to bring the LDC fun to your home!  
The LDC boy counselors will visit the homes  
of their campers.

To sign up for a visit, email  
[info@camplubavitch.ca](mailto:info@camplubavitch.ca)  
and write **BIKUR BAYIS** in the subject line.





# LAYLA TOV LDC

## NIGHT ACTIVITY TIME

Are you ready to have camp in your home??  
The LDC girl counselors will visit the homes of  
their campers.

To sign up for a visit, email  
[info@camplubavitch.ca](mailto:info@camplubavitch.ca)  
and write **LAYLA TOV LDC** in the subject line.



# Meet the Staff

Executive Director  
Of Chabad Lubavitch of Southern Ontario  
**Rabbi Zalman A. Grossbaum**

Camp Director  
**Mrs. Ester Steinmetz**

Assistant Director  
**Shua Goldstein**

Administrator  
**Mrs. Bella Benchetrit**

Pool and Aquatics Director  
**Leeatte Frisch-Israel**

Office Manager  
**Shayna Zeldman**  
**Leah Liebenthal**

Kitchen Manager  
**Boaz Revivo**

**Lubavitch Day Camp - 770 Chabad Gate**  
**905 - 731 - 7000 | [Info@camplubavitch.ca](mailto:Info@camplubavitch.ca)**