





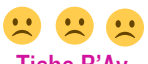


AM YISRAEL CHAI

PROUDER, STRONGER, AND FULL OF POWER

CIT GIRLS PROGRAM

	THEME	MON	TUE	WED	THU	FRI
WEEK 1	THE 3 AVOT & 4 IMAHOT		 Sips 2 Get excited for an awesome summer as you jump into camp and get to know your bunkmates and counselors over ice coffee!	Full Day Trip: Chuck E Cheese 3 Try out your special CIT skills by helping the younger campers while enjoying the Arcades!	Game Truck 4 All the games you want in camp! Walk onto the truck and enjoy a variety of fun and interactive games!	Human Bingo 5 Round off the week by seeing how well you got to know your new bunkmates and counselors!
WEEK 2	YETZIYAT MITZRAYIM	Half Day Trip: Activate 8 Lace up your sneakers and get ready to work together with your friends to beat the clock and win the games!	Matzah Bakery 9 Join the Girls Division as you make your very own Matzos and learn about the process!	Full Day Trip: Wet 'n' Wild 10 Grab your bathing suits and enjoy an awesome day at Wet 'n' Wild Waterpark!	Silent Disco 11 Put on the headphones, set the music, and dance away together with the other CITs for an amazing Silent Disco Party!	Fear Factor 12 Face your fears in an epic game of Fear Factor - Kosher Foods Edition! Let's see who 's the last one standing!
WEEK 3	MATAN TORAH	 Half Day Trip: Mini Indy 15 Buckle your helmet, climb into your car, and race your friends on Mini Indy's Go Carts!	Scavenger Hunt 16 Compete in teams and see if your team can be the fastest to complete the hunt!	Full Day Trip: Woodbine Centre 17 Enjoy the thrill of what Woodbine has to offer, while checking up on the younger campers!	Lazer Tag 18 Get a vest and a gun and join your teammates in an epic battle as you try to beat the other team!	Challah Bake 19 Join the Girls Division as you make your own dough and fulfill the special Mitzvah of baking your own Challah!
WEEK 4	KING DOVID & SHLOMO	Half Day Trip: Archery Circuit 22 Grab your bow and arrow and play an awesome game of Archery Tag and Dodge Ball!	Letters to Soldiers 23 Write a letter to the soldiers in the IDF who are risking their lives to keep our brothers and sisters in Israel safe.	Full Day Trip: Canada's Wonderland 24 Have fun on the rides and get excited for a super fun late night before heading back to camp for a Bonfire!	Airbrush Studio 25 Watch and learn from the experts as they teach you the tricks and techniques of Airbrushing!	 Master Chef 26 Compete with the other CITs and see who can come up with the best dish to wow the judges!
WEEK 5	BEIT HAMKIDASH	Half Day Trip: Activate 29 Lace up your sneakers and get ready to work together with your friends to beat the clock and win the games!	 Shabbat Candles 30 Show off your artistic skills by creating and designing your very own Shabbat Candlestick Holders!	Full Day Trip: Tree Top Trekking 31 Put on a harness and a helmet and navigate a ropes course up in the trees!	Birds Of Prey 1 Learn about Birds of Prey and watch as they fly around and around the room!	Israeli Salad 2 Create your own version of an Israeli Salad! Which salad will be the one the judges pick as the winner??
WEEK 6	MOROCCAN JEWISH LIFE	NO CAMP 5 	Shark Tank 6 If you had to decide on a Jewish holiday, what would you pick? Pick a time in Jewish history and come up with a holiday of your own!	Full Day Trip: Brook's Farm 7 Let's see what you have learnt as a CIT as you go around the farm with the younger campers!	Silent Disco 8 Put on the headphones, set the music, and dance away together with the other CITs for an amazing Silent Disco Party!	Restaurant Wars 9 Create your own Moroccan style restaurant by deciding on the ambiance, designing the layout, choosing the decorations, and creating a menu!
WEEK 7	EUROPEAN SHTETLE LIFE	 Half Day Trip: Museum of Illusions 12 Try finding your way through the different optical illusions that the Museum offers!	NO CAMP 13  Tisha B'Av	Full Day Trip: Canada's Wonderland 14 Have fun on the rides and get excited for a super fun late night before heading back to camp for a Bonfire!	Game Truck 15 All the games you want in camp! Walk onto the truck and enjoy a variety of fun and interactive games!	 Minute To Win It 16 Get excited for fun, excitement and a rush of adrenaline! Who will be the Minute To Win It Champion??
WEEK 8	AMERICAN JEWISH LIFE	Half Day Trip: Sky Zone 19 Grab your socks and get ready to have fun and jump at Sky Zone Trampoline Park!	 BMX Show 21 Watch the tricks and cool stunts that they can do on their bikes!	Full Day Trip: Woodbine Centre 21 Enjoy the thrill of what Woodbine has to offer, while checking up on the younger campers!	BANQUET 22 Goodbye LDC!!!	SEE YOU NEXT SUMMER!!

First Session: July 2 - July 26
Second Session: July 29 - August 22

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