



LDC CONCESSION STAND

If your child has any allergies, is gluten free, or has any other food restrictions or sensitivities, please let us know so we can make the necessary arrangements. There will be gluten free options available for those who require it.

All meals are served with cut up vegetables and homemade soup.

There are fruits and additional snacks available at the snack stations throughout the day.

There are water fountains throughout the camp premises, where campers are able to refill their water bottles. If a camper forgets their water bottle at home, cups will be provided for them.

LUNCH TIME

LDC TEAM - PRESCHOOL MENU

WEEK 1 - JULY 4

	Tue	Wed	Thurs	Friday
NO CAMP	Chicken Garlic Penne	Grilled Cheese	Meatballs & Spaghetti	Pizza

WEEK 2 - JULY 10

Mon	Tue	Wed	Thurs	Friday
Hot Dogs Fries	Mac & Cheese	Sandwiches	Sloppy Joes Bourekas	Pizza

WEEK 3 - JULY 17

Mon	Tue	Wed	Thurs	Friday
Hot Dogs Fries	Chicken Garlic Penne	Sandwiches	Baked Ziti	Pizza

WEEK 4 - JULY 24

Mon	Tue	Wed	Thurs	Friday
Fish & Chips	Falafel	Sandwiches	Grilled Cheese	Pizza

WEEK 5 - JULY 31

Mon	Tue	Wed	Thurs	Friday
Hot Dogs Fries	Mac & Cheese	Sandwiches	Sloppy Joes Bourekas	Pizza

WEEK 6 - AUGUST 8

	Tue	Wed	Thurs	Friday
NO CAMP	Hot Dogs Fries	Sandwiches	Meatballs & Spaghetti	Pizza

WEEK 7 - AUGUST 14

Mon	Tue	Wed	Thurs	Friday
Mac & Cheese	Hot Dogs Fries	Sandwiches	Grilled Cheese	Pizza

WEEK 8 - AUGUST 21

Mon	Tue	Wed	
Sandwiches	Baked Ziti	BBQ	SEE YOU NEXT YEAR!

LDC TEAM - GIRLS & BCM MENU

WEEK 1 - JULY 4

	Tue	Wed	Thurs	Friday
NO CAMP	 Chicken Garlic Penne	 Sandwiches	 Meatballs & Spaghetti	 Pizza

WEEK 2 - JULY 10

	Mon	Tue	Wed	Thurs	Friday
 Hot Dogs Fries	 Mac & Cheese	 Sandwiches	 Sloppy Joes Bourekas	 Pizza	

WEEK 3 - JULY 17

	Mon	Tue	Wed	Thurs	Friday
 Hot Dogs Fries	 Chicken Garlic Penne	 Sandwiches	 Baked Ziti	 Pizza	

WEEK 4 - JULY 24

	Mon	Tue	Wed	Thurs	Friday
 Fish & Chips	 Falafel	 Sandwiches	 Grilled Cheese	 Pizza	

WEEK 5 - JULY 31

	Mon	Tue	Wed	Thurs	Friday
 Hot Dogs Fries	 Mac & Cheese	 Sandwiches	 Sloppy Joes Bourekas	 Pizza	

WEEK 6 - AUGUST 8

	Tue	Wed	Thurs	Friday
 NO CAMP	 Hot Dogs Fries	 Sandwiches	 Meatballs & Spaghetti	 Pizza

WEEK 7 - AUGUST 14

	Mon	Tue	Wed	Thurs	Friday
 Mac & Cheese	 Hot Dogs Fries	 Sandwiches	 Grilled Cheese	 Pizza	

WEEK 8 - AUGUST 21

	Mon	Tue	Wed	
 Sandwiches	 Baked Ziti	 BBQ	SEE YOU NEXT YEAR!	

THIS MENU IS FOR THE CIT GIRLS AS WELL

LDC TEAM - BOYS MENU

WEEK 1 - JULY 4

	Tue	Wed	Thurs	Friday
NO CAMP	Chicken Garlic Penne	Meatballs & Spaghetti	Sandwiches	Pizza

WEEK 2 - JULY 10

Mon	Tue	Wed	Thurs	Friday
Hot Dogs Fries	Mac & Cheese	Sloppy Joes Bourekas	Sandwiches	Pizza

WEEK 3 - JULY 17

Mon	Tue	Wed	Thurs	Friday
Hot Dogs Fries	Chicken Garlic Penne	Baked Ziti	Sandwiches	Pizza

WEEK 4 - JULY 24

Mon	Tue	Wed	Thurs	Friday
Fish & Chips	Falafel	Grilled Cheese	Sandwiches	Pizza

WEEK 5 - JULY 31

Mon	Tue	Wed	Thurs	Friday
Hot Dogs Fries	Mac & Cheese	Sloppy Joes Bourekas	Sandwiches	Pizza

WEEK 6 - AUGUST 8

	Tue	Wed	Thurs	Friday
NO CAMP	Hot Dogs Fries	Meatballs & Spaghetti	Sandwiches	Pizza

WEEK 7 - AUGUST 14

Mon	Tue	Wed	Thurs	Friday
Mac & Cheese	Hot Dogs Fries	Grilled Cheese	Sandwiches	Pizza

WEEK 8 - AUGUST 21

Mon	Tue	Wed	
Baked Ziti	Sandwiches	BBQ	SEE YOU NEXT YEAR!

THIS MENU IS FOR THE CIT BOYS AS WELL